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Children's Defense Fund Minnesota  
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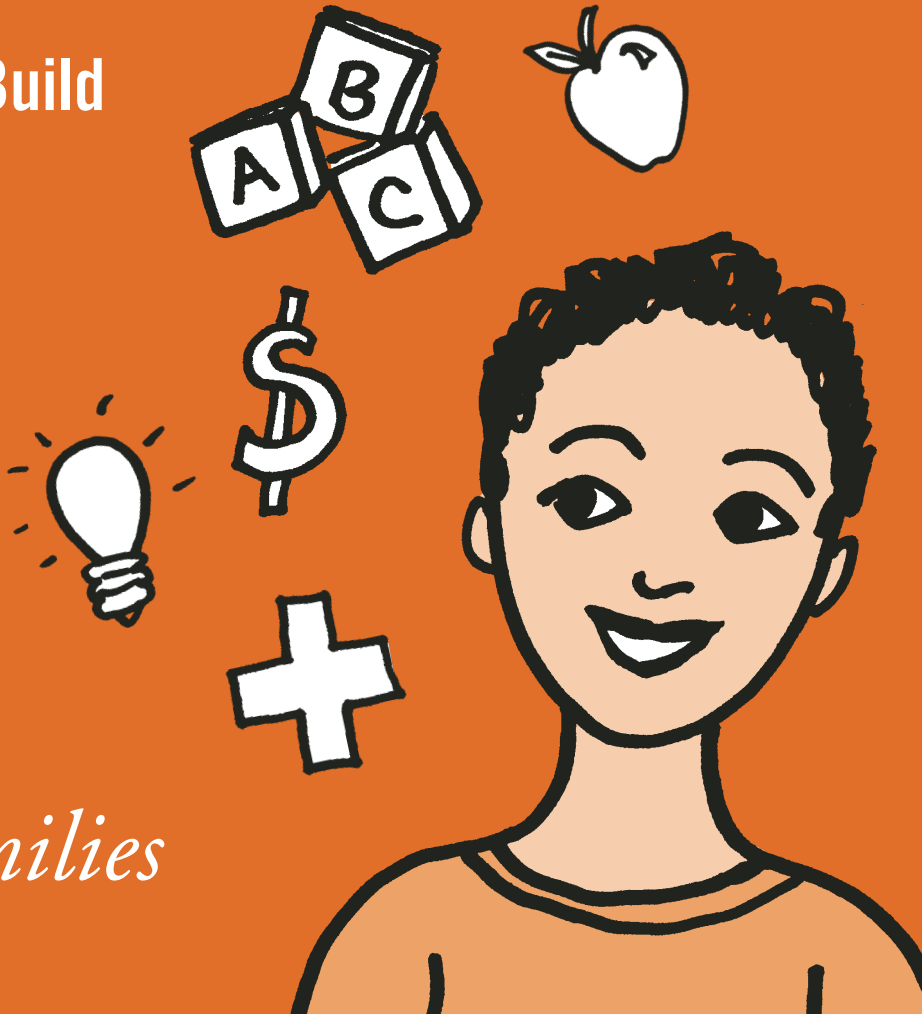


# Five Steps to Help You Build Financial Security

Assistance is a mouse click away!

You may qualify for:

- Health care
- Child care
- Tax credits
- School meals
- Food support
- Energy assistance



*Covering All Families*

www.coveringallfamilies.org



## Create a Better Future for Your Children

Would your family benefit from free or low-cost:

- **child care** so you can work or go to school?
- **health care coverage** to prevent huge medical bills?
- **breakfast or lunch** for your school-age children?
- **home heating or cooling** support?
- **tax** assistance?



Children's Defense Fund

Children's Defense Fund Minnesota

[www.cdf-mn.org](http://www.cdf-mn.org)

tel: 651-227-6121

200 University Avenue West, Ste. 210

Saint Paul, MN 55103

The mission of the Children's Defense Fund (CDF) is to Leave No Child Behind® and to ensure every child a Healthy Start, a Head Start, a Fair Start, a Safe Start, and a Moral Start in life and successful passage to adulthood with the help of caring families and communities.

You may qualify for any of Minnesota's nine work supports that are designed to help families.

***Find out now on one website!***

- 1** Use a computer with an Internet connection
- 2** Visit [www.coveringallfamilies.org](http://www.coveringallfamilies.org)  
Click on Begin Now!
- 3** Answer six questions about your household  
(name and social security number not needed)
- 4** Learn if you and your children may qualify for:
  - Health care
  - Child care
  - Tax credits
  - School meals
  - Food support
  - Energy assistance
- 5** Find out how and where to apply!

**[www.coveringallfamilies.org](http://www.coveringallfamilies.org)**

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